



# Student - About Me

## Applicant Information

Preferred First Name

Joe

Upload a current picture of you

Gender

Male

Legal First Name

Johannes

Middle Name

Last Name

Preferred Phone Number

Phone Type

Mobile

## Additional Phone Numbers

<b>Preferred Email Address</b>	<b>Your Height</b> 1,71	<b>Your Weight</b> 53
<b>Date of Birth</b> 2001-10-24	<b>Citizenship</b> Germany	<b>Country of Birth</b> Germany
<b>City of Birth</b>	<b>Are you a legal permanent resident of any country other than your citizen country?</b> No	<b>Do you, or your parents, have American citizenship?</b> No
<b>Have you ever participated in an exchange to the US before and/or received an F-1 or J-1 visa for entry into the US for any reason?</b> No		



Family Information

<b>Student lives with:</b> Both Parents	<b>Marital status of parents:</b> Married
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Add Family member

<b>Relationship</b> Brother	<b>First Name</b> Dominik	<b>Last Name</b> <input type="text"/>
<b>Date of Birth</b> 1998-04-22	<b>Gender</b> Male	<b>Preferred Phone Number</b> <input type="text"/>
<b>Preferred Email Address</b> <input type="text"/>	<b>Occupation/Job Title</b> Student	

<b>Relationship</b> Sister	<b>First Name</b> Marie	<b>Last Name</b> <input type="text"/>
<b>Date of Birth</b> 1999-11-17	<b>Gender</b> Female	<b>Preferred Phone Number</b> <input type="text"/>
<b>Preferred Email Address</b> <input type="text"/>	<b>Occupation/Job Title</b> Student	

<b>Relationship</b> Father	<b>First Name</b> Thomas	<b>Last Name</b> <input type="text"/>
<b>Date of Birth</b> 1966-09-25	<b>Gender</b> Male	<b>Preferred Phone Number</b> <input type="text"/>
<b>Preferred Email Address</b> <input type="text"/>	<b>Occupation/Job Title</b> Biotechnologist	

Relationship

Mother

First Name

Isabella

Last Name

Date of Birth

1967-02-17

Gender

Female

Preferred Phone Number

Preferred Email Address

Occupation/Job Title

Architect

Who should be contacted, other than your parents/legal guardian who you are living with, in case of an emergency?

Relationship to student:

Aunt

Gender

Female

First Name

Andrea

Last Name

Preferred Phone

Preferred Email Address

## About you

What is your primary language?

German

What is the primary language spoken in your home?

German

Are there any other additional primary languages spoken in your home?

No

Do you have a particular diet, or are there any food you cannot eat because of health, religious or other reasons?

None

Do you smoke?

No

Would you be willing to live with a host family that smokes?

Only if the smoking were kept outside of the house

Do you have pets?

Yes

## Pets

What kind?

Rabbit

How many?

1

Where are they kept?

Outside

Are you allergic to pets or is there any other reason why you can not live with pets in the home?

No

## Religion

What is your religious affiliation?

Christian

Would you live with a host family of a different religion?

Yes

How frequently do you attend religious services?

Occasionally

Would you attend religious services with your host family?

Occasionally

EF High School Exchange Year cannot guarantee a host family of a particular religion. Would this be an issue for you?

No

## Activities and Interests

What are your favorite activities and why?

In my free time I have got many activities that I love to do. My favorite activity is playing soccer with my friends. I used to play in a soccer club but sometime ago my team was dissolved. Now I am playing volleyball in a club. I also love doing woodwork and outdoor stuff. I like to do these things, because they are outside and sporty. As a family we love sailing, rock-climbing and skiing. These are things we do about once per year in our family holidays. I also like listening to music and I play the trumpet. It would be nice if I could join a big-band.

What types of activities would you like to do with your host family?

It would be great if I could do some sports. Swimming, soccer or volleyball would be great. I am open, however, for any kind of sports, perhaps I could learn an "American" sport. To see more of the US would be great. It would be, for example, nice to visit some nearby citys. I would also enjoy visiting national parks and do outdoor stuff such as fishing, camping, hunting, woodwork...

## Hobbies

Hobby	Frequency
Woodwork	Monthly

Hobby	Frequency
Computers	Monthly

Hobby	Frequency
Listening to Music	More than once a week

Hobby	Frequency
Cooking	Monthly

## Music

Activity	Frequency
Other	More than once a week

## Sports

Activity	Frequency	Level of interest
Volleyball	More than once a week	As part of a team (high school, club, etc.)

Activity	Frequency	Level of interest
Soccer	More than once a week	Recreational

Activity	Frequency	Level of interest
Biking/Cycling	More than once a week	Recreational

Water sports

Activity	Frequency	Level of interest
Sailing	Annually	Recreational

Outdoor activities

Activity	Frequency
Skiing	Annually

Activity	Frequency
Hiking	Annually

Community Events/Services

Activity	Frequency
Attending concerts	Annually

Activity	Frequency
Visiting Museums	Annually

Other activities

Activity	Frequency
Movies	Weekly

Activity	Frequency
Board games	Monthly

Activity	Frequency
Eating meals out	Monthly



# Short Answer Questions

**Describe a typical day in your life.**

I get up at 6:30. Then I have breakfast with my family. After that I take a ride to school by bike or bus. My school starts at 7:55 and ends at 16:00. Back home I play the trumpet for 30 min. Mondays and Wednesday I have volleyball training (17:30 until 19:30). Thursdays and Fridays I have got trumpet lessons with two different teachers (jazz and classic). My family joins for dinner at about 20:00. I go to bed at 22:00.

**Why do you think you will be a successful exchange student?**

I think I will be a successful exchange student because I am very open to new things, people and life styles. Two years ago I went for three weeks to England to learn the English language. There I was also in a host family and I was very happy there. The way of living is a bit different (e.g. food, behaviour) but after some days I got used to it and I enjoyed it. Further, I changed school one year ago. This change did not bring any particular difficulties for me and I settled well in my new class.

**What can you tell us about yourself, your personality or your habits that will help us match you with a host family?**

I am happy, active, inventive and a trustful person. I am also a family guy, so I love to be with other kids of my age. But also younger or older "siblings" would be fine with me.

**What are your goals in life?**

At the moment I am not sure what I want to do after school but there are three jobs that I am currently interested in. These are to become a chef, a mechanical engineer or to work in a bank. For me it is not number one priority to get a job where I earn much money. I think it is more important to enjoy the work rather than to work only because of the money. After the year abroad I may also finish the German high school degree and, possibly, I go to university. At one point, I want to have my own family. I am not very religious but if there is the right woman than I want to marry. I hope that I will be happy and content with my live, job and family. The most important thing in live is the family: "People come and go, just the family stays".

**What do you think you will miss most during your exchange year? How do you think you will react if you get homesick?**

I think I will miss the german food and, of course, my family and friends. I actually don't think that I will get homesick but, if I do, then I will talk with my host family. If it gets very bad I may talk to my "real" family.

**Please describe any awards you have received, or any achievements that you are proud of.**

I am proud of the many things which I build myself. These are a RC-boat, my RC-car which I made from a kit, a knife, a bottle-rocket and many other things which are shown in my video. I am particularly proud of my old moped, which I bought last year and which I am restoring now with my brother and my dad.

**Why do you want to spend a year abroad?**

I want to spend a year abroad because I want to see more from the world, get used to another culture and a different way of living. I think having another family in another country is very cool because then you can learn from each other. America is a great and big country and there will be so many questions that my host family could answer me. For example, what do they think about the guns laws and is it there really "the american dream"? Of cause I also want to get better in English. To be away from my family for so long is a bit of a challenge. This will give me the opportunity to become more independent and to take on more responsible for myself. I also want to have time to think about my future.

**What do you hope to achieve after your exchange?**

I hope that I can speak fluently English and that I know what I want to do thereafter. I think I will be more "grown up" and more mature.

**Check off the adjectives which best describe you:**

- Active   Athletic   Creative   Curious
- Family Oriented   Neat   Open-minded
- Organized   Outdoorsy   Talkative



# Your family

How do you and your family spend your time?  
Please describe both weekdays and weekends.

On weekdays I go to school and after that I play trumpet and volleyball. My parents both work and so there is no one at home when I come home. On weekends my father and my sister have their soccer matches (mostly on Saturdays) so they are most of the day on the pitches. My mom and I go shopping but just on Saturdays. On Sundays every one is usually at home and I study for school or chill out with friends. We have a rabbit, so we three kids have to clean out the stable. Sometimes my family goes to the cinema or in a restaurant on the weekend. We also like to cook together.

How will your parents react to your spending a year abroad? Do they support your decision?

I don't know how my parents will react, but I think they will be a bit sad that I'm away for so long. They had the idea for this year abroad so they absolutely support my decision.

What qualities of your family life would you most like to share with your future host family?

It would be great if we could eat all together breakfast or dinner. I would also appreciate if we could visit many things at the weekends and have some holidays together.

Have you been away from your family for more than a few days before?

Yes

What are your family responsibilities and rules? What chores do you do to help your parents at home?

In our family we have many eating rules. For example that we do not put our elbows on the table. I also have to help my parents at home with the laundry, emptying the dishwasher, taking out the rubbish, cleaning out the rabbit, helping in the garden. This includes cutting the lawn and harvesting in autumn the apples, pears, cherries etc. that grow on our trees. It is just normal in my family that you have to help.

Check off the adjectives which best describe your family's lifestyle:

Academic   Active   Affectionate   Artistic  
International   Modern   Strict

Please indicate for how long and how it affected you.

I was for three weeks away from my family to do a language course in England. There weren't any difficulties with homesickes or other things. When I was younger I went on several summer camps with other children for one week. There too, I had no problems.

If you had a misunderstanding with your host family, how would you try to resolve it?

I will try to talk about the problem with my host parents to find a solution. If that doesn't work I'll phone my closest EF partner and talk with him/her about the issue. Possibly I may also ask my family at home.

## Student Health Summary

Do you currently take any medications?

No

Have you ever been prescribed medication due to a mental health issue (e.g. Depression, Anxiety, Stress, etc.)?

No

Allergy (pets, food, environmental, etc.) or allergic reaction

No

Depression or Depressed Mood

No

Do you have, or have you ever had, any illness or disability that caused hospitalization?

No

Do you currently have dental braces or will you have them during your exchange year?

No

Physical disability

No

Anxiety or Stress Disorder

No

Have you ever sought treatment from or spoken with a counselor, therapist, or other mental health professional?

No

Health condition or severe injury other than routine illness

No

Learning disability or condition

No

Eating Disordered Behavior (Anorexia, Bulimia, etc.)

No

Significant Weight Loss/Gain

No

Unhealthy Eating Habits

No

Emotional, physical or sexual abuse

No

Thoughts of Suicide or Tendencies

No

Self-Harming Behaviors (e.g. Cutting)

No

Thoughts of Hurting Yourself

No

Bullying or Social Adjustment Issues

No

Other Mental Health Issue

No



# Student Community and High School

## Your Community

**How would you describe the area in which you live?**

In a city or large town

**Describe your neighborhood and community. What cultural/leisure activities and points of interest are in the area?**

My neighborhood is very friendly to kids, because there are many playgrounds and parks nearby. There aren't any high rise buildings, just small, cozy houses with gardens. one of the biggest cities in Germany. There are many cinemas, theaters and orchestras. If you are interested, there are also many old churches and museums worthwhile visiting. We've got many public swimming baths, climbing halls and facilities for all sorts of sports. High mountains and several natural lakes are also nearby.

**Which airport is most convenient to your home**

**What is the population of your community?**

100,000 or more

**What is the nearest major city to your community?**

**How long have you lived in your community?**

all my life

**What is the distance between this city and your home?**

**What is the approximate driving distance between your home and the airport?**

**Is public transportation readily available? How do teenagers normally get around?**

Yes. By bicycle or public transport.

## High School Information

**What class/level in school will you have completed by the time you travel to your host country?**

10 years of school

**Do you study any other foreign languages besides English in school?**

Yes

**Approximate number of students who attend the school:**

600

**What are your favorite subjects at school and why?**

My favourite subjects at school are sports and physics. I used to play football and now I am playing volleyball. Overall I just like sports. Physics are interesting because you learn how and why everthing in the world works.

**Will you have received your High School diploma before your exchange year?**

No

**Please list other languages studied:**

French

**Approximate start date of the school year**

2017-09-11

**How much time do you spend on the internet per day, and what do you generally use it for?**

I think I spent 1,5 hours a day on the internet. In general I use it for communication (whatsapp) and Youtube. On Youtube I like to watch documentaries that inform me about outdoor activities, experiments and technical things. Of course, I also love watching funny clips like pranks on Youtube As we do not have a TV in my family, we stream the daily news and occasionally films.

**How many years have you studied English?**

10

**What is the name of the High School you currently attend?**

**How many hours per day on average do you spend doing your homework?**

2

# Student Letter to HF

## Write a letter to your future host family!

Include details about yourself that you would like to tell them. You should tell your host family what you are excited about, why you decided to study abroad and what you will do to be a successful exchange student and member of the host family. This is another chance to let your host family get to know you a little bit before you arrive, so make the letter as friendly and personal as possible.

Dear host family, my name is Johannes, I am 15 years old and I live in Germany. I have two siblings, an older brother and an older sister. My brother is 18 and my sister is 17 years old. Together we often play soccer and card games. We live in a house with a small garden and lots of green around. I am excited to go to America, because I want to learn more about the American culture, food and daily life. I very much appreciate that you give me the opportunity to live in your family and I hope I'll be an uncomplicated and successful exchange student. We also have been a host family for three months, so I know that having a new person in the family may not always be easy. If there are any difficulties you just have to talk to me and we certainly figure out a solution. I love kids and I will do my best to help with any housework to become a full member of your family. Perhaps I can also show you some of my culture, for example by doing some cooking. I love to discuss about politics, laws and many other things. Maybe I could tell you something about the history of Europe and Germany. All members of my family play an instrument and I play the trumpet. Action and sport is what I love. So whenever possible I like to be outdoors to play in the garden or woods. I am open for different types of food, video-games, watching a film, outdoor stuff, ... I love animals, especially dogs. I'm looking forward to getting to know you. Best regards Johannes



**High School  
Exchange Year**

EF High School Exchange Year  
One Education Street  
Cambridge, MA 02141

Tel: 800-447-4973  
Fax: 617-610-1401  
efexchangeyear.org

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Student ID Number

Student First and Last Name

Johannes

## Academic Transcript

**To the teacher or school staff:** This student is applying for a High School Exchange Year with EF. We would appreciate your kind assistance in certifying the accuracy of the grades and hours per week stated below. Please type or print clearly, using a black ball-point pen.

Student's family name \_\_\_\_\_ First name Johannes Date of birth 10 / 24 / 2001  
Month Day Year

**Record of last two years from below-mentioned school(s):**

**Please note:** Applicants are expected to have an equivalent to a "C" average in their potential exchange country in all major/academic classes during the most recent 2 semesters. Students must also have an equivalent overall "C" grade point average.

What is the grading scale? Highest grade possible 1 Failing grade >4 Lowest possible grade 6  
Student's grade point average last year 2.0 Current year \_\_\_\_\_ Years of host country language study 10

Does the student have any learning difficulties? ☐ Yes ☒ No If yes, does the student require extra help? ☐ Yes ☒ No

Is this a high school only for students with special needs? ☐ Yes ☒ No

If you answered "yes" to either of the above, please explain: \_\_\_\_\_

Please fill in the last two years of schooling in your school's grading system (please do not translate grades to grades in potential exchange country):

All 4 sets of grades are required.

Subjects/Grades	Most recent 9 Class/ Grade	9 Class/ Grade	8 Class/ Grade	8 Class/ Grade
(*Please specify which languages are studied)	2nd semester 20 <u>16</u> weeks in semester: _____ Grades / Hrs per week: _____	1st semester 20 <u>15</u> weeks in semester: _____ Grades / Hrs per week: _____	2nd semester 20 <u>15</u> weeks in semester: _____ Grades / Hrs per week: _____	1st semester 20 <u>14</u> weeks in semester: _____ Grades / Hrs per week: _____
Native language* <u>German</u>	3 / 4	3 / 4	2 / 4	2 / 4
Native language*	/	/	/	/
1st foreign language* <u>English</u>	1 / 4	2 / 4	3 / 4	4 / 4
2nd foreign language* <u>French</u>	3 / 5	5 / 3	3 / 3	3 / 3
3rd foreign language*	/	/	/	/
History	1 / 2	2 / 2	3 / 3	3 / 3
Geography	2 / 1	1 / 2	/	/
Social Science	2 / 1	/	/	/
Religion	1 / 2	1 / 1	1 / 2	1 / 2
Philosophy	/	/	/	/
Mathematics	3 / 4	3 / 6	4 / 4	3 / 4
Physics	2 / 2	4 / 2	/	/
Chemistry	3 / 2	2 / 2	1 / 4	3 / 4
Biology	/	3 / 2	/	/
Physical Education/Gymnastics	2 / 2	1 / 2	2 / 3	2 / 3
Art	/	/	1 / 2	1 / 2
Music	1 / 1	/	3 / 2	3 / 2
Other: <u>Computer / IT</u>	2 / 2	1 / 2	1 / 2	3 / 2
Other:	/	/	/	/
Other:	/	/	/	/

Stamp of Current School

**Note to EF coordinators:** Please strike through all last names and contact information on this form if showing to a host family applicant.

10/19/2016 Assistant Coordinator

Last Updated July 2016

1 of 1



## High School Exchange Year

Student ID Number

Johannes  
Student First and Last Name

### Letter of Recommendation

I am the student's teacher in (subject): German, History  
\*Must be completed by a teacher of academic subject, e.g. Sciences, Maths, English, History etc.

How long have you known the applicant? 3 semesters  
(minimum requirement is one semester)

The above student is applying for a High School Exchange Year with EF. Among the many students who apply, we will select only those who have the character, flexibility and maturity to participate in a cultural exchange program with their host family, school, and community. Only a student who can accept cultural differences, overcome homesickness, tolerate others with grace and good humor, and make new friends easily will be a successful exchange student. On behalf of the student and EF, we ask you to give a straightforward opinion of the student's character and suitability for a high school year abroad. Thank you for your time and consideration.

Please indicate your assessment by checking the appropriate box:

	Excellent	Very good	Good	Average	Poor	Not known
Maturity	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Level of responsibility	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consideration for others	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Honesty	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Openness	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sense of humor	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Personal motivation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Academic motivation	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Academic performance	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to adapt to new experiences	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to interact with others	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall character	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Stability	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please describe why you feel the applicant should or should not be chosen for a EF High School Exchange Year, taking into account the student's character, flexibility and maturity. Would the student be a good representative of his/her country? How do you think he/she would get along with a host family?

Please see my letter of 30/01/2017

V //

Note to EF coordinator: Please strike through all last names and contact information on this form if showing to a host family applicant.

Datum

30.1.2017

### **Recommendation letter for Johannes**

Johannes is a very kind and polite teenager, who is always highly engaged und active at school. During lessons Johannes is attentive, motivated and interested. He contributes actively to discussions and is able to present his view even on difficult topics. For his overall performance at school during the last term, Johannes received an official praise.

Johannes shows enthusiasm especially in the English lessons and is eager to learn new words and expressions. He doesn't hesitate to ask questions and is able to make thoughtful suggestions. Generally, Johannes' level in the English language is very high. Last Term he obtained the best possible grade.

Beyond being a valuable member in class, Johannes actively contributes to the social life at our school. On a voluntary basis he has taken up additional tasks at our "cafeteria" that a group of pupils run at our school in a fairly independent manner. In this context he leads one of the groups and is responsible for the keys, the cash register, etc.

Teachers and other students have only positive experiences with Johannes and love to work with him in a team. His approachable and open character makes it easy to get along with him.

Johannes joined our school only a year ago. Due to his character he rapidly settled in class. Based on this experience, I have no doubts that also in the US he will easily find his place in his host family and class at school. As his main teacher I am convinced that Johannes will profit enormously from an exchange year in the US.